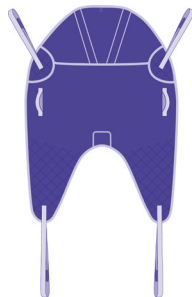


# Pronto-Fit sling with Head Support

## Instructions for use



### Prior to use:

1. Ensure you are aware of the hoist manufacturer's fitting instructions
2. Inspect the sling for wear and damage, with particular attention being paid to the body of the sling, webbings and stitch lines.
3. If the sling is fitted with a head support ensure the 2 head stays are fitted in the head pockets.
4. If following inspection there is any doubt, (points 1-3) the sling should be placed aside and not used, then reported.

### Safety

For the safety of the patient and carer; before using the sling a full risk assessment must be conducted to ensure that the correct sling choice, method of positioning in the sling and procedure for transfer has been determined for the patient.

Check the sling before each use. Bleached, torn, cut, frayed, or broken slings are unsafe and could result in serious injury or death to the patient.

**Destroy and discard worn slings.**

**Do not alter slings.**

**Never leave a patient unattended whilst in a sling.**

### Washing Instructions

To avoid damage in laundering please ensure any Velcro products are closed prior to washing.

- Mild soap solution (Not with bleach)
- Temperatures up to 85°C
- Then rinse
- Low tumble dry

### Please note

In addition to the normal printed label the safe working load and serial number is now embroidered onto the slings centre tab. Do not use this tab as a handle or as lifting assistance.

### How to fit from a seated position



- 1 Place the sling behind the patient ensuring that all handles and labels are on the outside and visible. Feed the sling down the back of the patient. This should be at the base of the spine, and positioned centrally to the patients back. The sling should now lie square across the patient's shoulders. If you find this is either higher or lower than the shoulder line, the back of the sling may not have been positioned deep enough, or the sling size may need to be considered.



- 2 Raise each leg individually and gradually feed the leg straps under each leg, ensuring no fabric twists are evident. Taking the strap from under one leg feed the webbing through the lower loop on the other leg. By carrying out this arrangement, you are ensuring comfort for the patient during the lifting process.



- 3 With the sling now in place, attach the desired loops to the hooks on the spreader bar to replicate the sitting position that the patient is in whilst seated, the straps should be positioned accordingly, subsequently the tension on all four straps should take at the same time,



- 4 **Make sure that the loops selected are the same on each side of the sling and ensure that they are still securely attached before lifting the patient.** The person can now be lifted as required. To remove the sling, carry out the fitting procedure in reverse. Important – always peel the sling away from the person – this avoids skin friction.



## Pronto-Fit sling with Head Support

### Instructions for use

#### Alternative seating positions

#### How to fit from a lying position

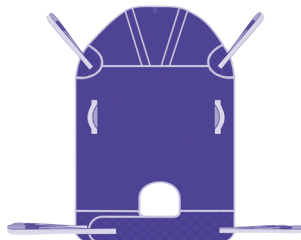


- 1 Using good manual handling techniques roll the person towards you so that they are positioned on their side. To introduce the sling, roll half of the sling up under itself so that when the person is rolled onto their opposite side, the sling can be unrolled until it is flat. Use the centre pocket to ensure the base of the back section is in line with base of the person's spine. Ensure that handle loops are to the outside.



- 2 Raise each leg individually and gradually feed the leg straps under each leg, ensuring no fabric twists are evident. Taking the strap from under one leg feed the webbing through the lower loop on the other leg. By carrying out this arrangement, you are ensuring comfort for the patient during the lifting process; the four straps should now be attached to the spreader bar hooks. Raise the carry bar just enough so that all the straps are under a slight tension.
- 3 **Make sure that the loops selected are the same on each side of the sling and ensure that they are still securely attached before lifting the patient.** The person can now be lifted as required. To remove the sling, carry out the fitting procedure in reverse. Important – always peel the sling away from the person – this avoids skin friction.

#### Pro-Fit sling



Please note that if a closed leg position is required then for the safety of the patient and the carer it is recommended that a Pro-Fit sling be used instead of the Pronto-Fit with Head Support as this sling has the added security of a physical barrier between the legs, which prevents the patient from slipping forwards out of the sling.