

Natural-Fit sling

3D Tech Mesh

Instructions for use



Prior to use:

1. Ensure you are aware of the hoist manufacturer's fitting instructions
2. Inspect the sling for wear and damage, with particular attention being paid to the body of the sling, webbings and stitch lines.
3. If the sling is fitted with a head support ensure the 2 head stays are fitted in the head pockets.
4. If following inspection there is any doubt, (points 1-3) the sling should be placed aside and not used, then reported.

Safety

For the safety of the patient and carer; before using the sling a full risk assessment must be conducted to ensure that the correct sling choice, method of positioning in the sling and procedure for transfer has been determined for the patient.

Check the sling before each use. Bleached, torn, cut, frayed, or broken slings are unsafe and could result in serious injury or death to the patient.

Destroy and discard worn slings.

Do not alter slings.

Never leave a patient unattended whilst in a sling.

Washing Instructions

To avoid damage in laundering please ensure any Velcro products are closed prior to washing.

- Mild soap solution (Not with bleach)
- Temperatures up to 85°C
- Then rinse
- Low tumble dry

Please note

In addition to the normal printed label the safe working load and serial number is now embroidered onto the slings centre tab. Do not use this tab as a handle or as lifting assistance.

How to fit from a seated position

1. Place the sling behind the patient ensuring that all handles and labels are on the outside and visible. Feed the sling down behind the patient using the courtesy pocket to position the sling at the base of the spine. The sling should now lie square across the patient's shoulders.
2. Raise each leg individually and gradually feed the leg straps under each leg, ensuring no fabric twists are evident. Taking the inner strap from under one leg feed the webbing through the lower loop on the other inner leg strap. By carrying out this arrangement, you are ensuring comfort for the patient during the lifting process. The front of the slings legs should be about 2" behind the knee. If you find that you cannot achieve these positions then a different size sling size may need to be considered.
3. With the sling now in place, attach the desired loops to the hooks on the spreader bar to replicate the sitting position that the patient is in whilst seated, the straps should be positioned accordingly, subsequently the tension on all straps should take at the same time,
4. **Make sure that the loops selected are the same on each side of the sling and ensure that they are still securely attached before lifting the patient.** The person can now be lifted as required. To remove the sling, carry out the fitting procedure in reverse. **Important** – always peel the sling away from the person – this avoids skin friction.

How to fit from a lying position

1. Using good manual handling techniques roll the person towards you so that they are positioned on their side. To introduce the sling, roll half of the sling up under itself so that when the person is rolled onto their opposite side, the sling can be unrolled until it is flat. Use the centre label at the nape of the neck to ensure the sling is central with the body. Ensure that handle loops are to the outside.
2. Raise each leg individually and gradually feed the leg straps under each leg, ensuring no fabric twists are evident. Taking the inner strap from under one leg feed the webbing through the lower loop on the other inner leg strap. By carrying out this arrangement, you are ensuring comfort for the patient during the lifting process.
3. All straps should now be attached to the spreader bar hooks. Raise the carry bar just enough to tension the straps and make sure that the loops selected are the same on each side of the sling and ensure that they are still securely attached before lifting the patient. The person can now be lifted as required. To remove the sling, carry out the fitting procedure in reverse. **Important** – always peel the sling away from the person – this avoids skin friction.

